Our Orthodontists

At Edinburgh Orthodontics we have a wealth of experience. We have five orthodontists, all of whom are on the General Dental Council Specialist List. Between us we have over 100 years of orthodontic experience. This has to be good for you and your family!

We believe that continuity of care is paramount in your orthodontic journey. With this in mind, your family will be registered with one of our orthodontists who will be responsible for the whole of your orthodontic treatment.

Janet Davidson

BDS Edinburgh University 1987. Fellowship in Dental Surgery at the Royal College of Surgeons 1991. Orthodontic Specialist Training Belfast. Membership in Orthodontics RCS (Eng) 1994.

Margaret Hamilton

BDS Glasgow University 1985. Fellowship in Dental Surgery at the Royal College of Surgeons 1998. Orthodontic Specialist training and Masters degree from Glasgow University. Membership in Dentofacial Orthopaedics RCPS (Glas) 1994.

Robert Lawson

BDS (hons) Dundee University 1989. Fellowship in Dental Surgery at the Royal College of Surgeons 1992. Orthodontic Specialist training and Masters degree from University of Wales. Membership in Orthodontics RCS (Edin) 1996.

Kathryn Balfour

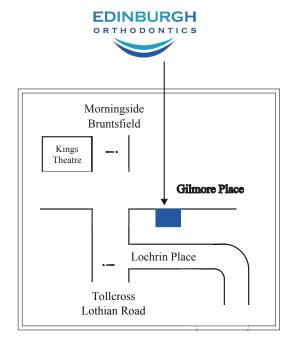
BDS Dundee University 1998. Membership of the Faculty of Dental Surgery at the Royal College of Surgeons 2001. Orthodontic Specialist training and Masters degree from Queen's University Belfast. Membership in Orthodontics RCS (Edin)2005.

Katie Whitehouse

BDS Edinburgh University 1992. Fellowship in Dental Surgery at the Royal College of Surgeons 1996. Orthodontic Specialist training and Masters degree from Edinburgh University. Membership in Orthodontics RCS(Edin) 2000.

To find out more about your orthodontist why not visit our website at **www.edinburghorthodontics.co.uk**

How to FIND Us



BUSES:

Gilmore Place 10, 10A, 27, 47 King's Theatre 11, 15, 16, 17, 23, 24, 45, 103, 315 Tollcross 28

> Pay & Display, and Multi - Storey Car Parking Available Nearby

Opening Hours

Monday - Friday 9am-1pm 2pm-5pm

Evening appointments are also available on a private basis.

Enabled entrance to Practice and Surgeries at street level.

Accessible toilet facilities available.

For information regarding NHS dental provision in the area please phone 0131 537 8444.

Registered in Scotland No SC375327 Registered Office: MBM, 5th Floor, 125 Princes Street, Edinburgh, EH2 4AD



38-44 LOCHRIN BUILDINGS
GILMORE PLACE
EDINBURGH
EH3 9ND

Tel. 0131 229 4004

Fax 0131 229 4800

info@edinburghorthodontics.co.uk www.edinburghorthodontics.co.uk

MARGARET HAMILTON JANET DAVIDSON ROBERT LAWSON
BDS MSc FDS MDO BDS FDS M.ORTH BDS MScD FDS M.ORTH

KATHRYN BALFOUR
BDS MFDS M.ORTH M.PHIL
BDS MSC FDS M.ORTH

EDINBURGH ORTHODONTICS

Edinburgh Orthodontics is a centre of Specialist Orthodontic expertise. We provide orthodontic treatment to straighten your teeth, improve your bite and make you happier with your smile.

At Edinburgh Orthodontics you will be under the care of a GDC registered Specialist Orthodontist following referral by your General Dental Practitioner. We also welcome self-referral on a private basis.

Orthodontic Appliances

Fixed appliances (train tracks), functional appliances which use growth to help improve your bite and removable appliances are used within the practice. These may be used alone or in combination. The type(s) of appliance(s) used is determined by the specific nature of the individual patients problem. A full diagnosis by your orthodontist will determine the appropriate options for your clinical needs. This will be fully discussed with you at your appointment.

Cosmetic alternatives including hidden lingual braces and Invisalign are available on a private basis.

Appliance Breakages

Broken appliances are rarely an emergency. If appliances are broken please contact us by telephone during practice opening hours. We will endeavour to appoint you as quickly as possible. Please note that the Health Board will charge for all replacement appliances and retainers.

Out of Hours Advice

Patients experiencing an acute problem related to their orthodontic treatment should contact the practice on 0131 229 4004 for advice on the emergency services available.

Practice Policies

24 hours notice is required for cancellation of appointments and a charge will be incurred for short notice cancellations. For **FAILED** appointments, where no notice is given, a charge will be applied to account for the lost surgery time.

Treatment may be provided under NHS, Independent or Private contract

NHS Treatment

NHS treatment is offered to eligible patients and must be approved by the Dental Practice Board. NHS treatment is intended to provide care for those who require it on the grounds of dental health. We are proud to provide a high quality service on the NHS. There are however some restrictions on the appliances and techniques that we are able to use. The majority of our NHS appointment times are during school hours.

If appliances are lost or broken, the Health Board will charge for replacements. Details on exemption from NHS Dental Charges are available at reception.

Interpreter Services can be arranged upon request.

IOTN and the NHS

Index of Orthodontic Treatment Need (IOTN) was imposed on us by the Scottish Government. This is a measure to "prioritise" NHS treatment to those assessed as having "clinical need". Treatment for more minor or purely aesthetic reasons is not funded by the NHS.

A Specialist Orthodontic assessment is available to all patients referred by their General Dental Practitioner. We will assess the patient's IOTN grade and we will submit all those who qualify for NHS approval for funding.

For those patients who are not eligible for NHS treatment, we offer independent self funded care, or private care.

Independent Treatment

An 'Independent' level of care is available for those who do not qualify for NHS funding but who are happy with stainless steel brackets and daytime appointments. Typical costs are between £1600-£2200.

At all times, you will be under the care of your Special Orthodontist. With NHS and Independent care, certain tasks may be carried out by our GDC registered Orthodontic Therapists under your Orthodontist's prescription.

Private Treatment

Private treatment has several advantages

- ✓ more cosmetic or efficient appliances and techniques can be used
- ✓ your orthodontist is able to spend more "chair-side" time on your treatment
- ✓ there will be less delay in starting your treatment
- ✓ a wider range of appointment times are available
- ✓ is available to those who do not attract NHS funding

If you can foresee difficulties with appointment times, such as a child attending boarding school, or if you do not wish to routinely take time off from work or school, you may want to consider having treatment provided privately.

Payment can be made by cash, cheque, credit/debit cards. Cheques need to be cleared before treatment begins. A low cost payment plan is available to spread treatment costs (*subject to eligibility*).

Treatment for Children

Treating orthodontic problems while the patient is still growing and developing offers a unique window of opportunity. The patient's growth can help correct problems optimally, often without the need for removal of teeth. The optimal time for treatment is usually between 10 and 14 years of age.

Adult Treatment

Age is no barrier to orthodontic treatment. We offer efficient cosmetic alternatives to conventional braces, such as clear ceramic appliances, Invisalign and invisible lingual braces. As we are specialists, we can offer all appliance options for optimal treatment of your orthodontic problems.

Popular cosmetic options include Ceramic brackets, Lingual Appliances which are fitted on the inside of the teeth and clear aligners such as Invisalign. The costs vary according to the complexity of your particular case and the appliance system chosen. A full written quotation will be sent following your treatment planning appointment and will include your appliance options.

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